

Case Study: Swanwick Lodge 2018/2019



About:

Swanwick Lodge provides support and care for up to sixteen young people aged between 10 and 17 years old, who have complex needs and present a significant risk of harm to themselves or to others.

Residents are likely to require on-going assessment, high levels of supervision, multi-agency services and an environment conducive to therapeutic interventions.

Hopes for being involved:

Swanwick Lodge wanted to develop a participation strategy bespoke to their setting, to help enable young people staying there to be more actively involved in their care.

Activities

Over the course of two workshops co-facilitated by YoungMinds (one of which included an Amplified Parent Advisor), staff at Swanwick received training on participation and co-developed a participation improvement plan, alongside a young person who had stayed at the lodge and used the service.

The plan identifies a number of priorities, including a single lead staff member to manage transitions and a new welcome pack so that when a young person arrives at the Lodge for their first time, they feel empathised with, understood and welcomed.

In their own words:

“This has been an excellent piece of work.”
- Angela Balch, Team Manager Specialised CAMHS, Swanwick Lodge.

Co-designed Values for Participation at Swanwick Lodge:

Shaping our lives

What are our wishes?

Accountable to ourselves

New experiences

Working together

Involved in our care

Control over our lives

Kindness to ourselves

Listening to each other

Opportunities for everyone

Develop ourselves

Giving ourselves a voice

Empower ourselves.