

# Case Study: Weston College 2018/2019



## About

Weston College of Further and Higher Education is a general college of further and higher education in Weston-super-Mare, Somerset. It provides education and vocational training for people aged 14 and over and adult learners.

## Hopes for being involved

Weston College applied to Amplified with the aim of designing an evaluation framework for their new mental health service provision and improving participation across the college.

## Award winning

The team won the Mental Health and Wellbeing Beacon Award and FE Leader of the Year in 2019's Education and Training Foundation awards.

## Activities

Weston College wanted support to evaluate the success of the first year of providing a new mental health service to students.

They also wanted to use their Trailblazer support to reduce mental health stigma and improve participation throughout the college.

As a result of the project, the College articulated a clear overall goal for their new service: To create a sustainable whole college provision and positive mental health culture within the college. They expanded on this by specifying three desired outcomes they wanted to achieve.

These provided the basis for a new evaluation framework, including a plan of activities the college would provide, agreed ways to monitor the extent to which these were taking place and tools to measure the impact the activities have had.

## In their own words....

“Driven by experience, Young Minds create positive change so that children and young people can cope with life's problems and can find help when they need it”

- Young learners from Weston College

## Desired Outcomes

1. Every student across college campuses gets the mental health support they need, quickly and in a way that's right for them.
2. Students have access to support from across the local mental health system.
3. College staff and parents and carers have improved knowledge and confidence around supporting student mental health.