

## I would like to make a regular donation to YoungMinds

Title:  Name:   
 Address:   
 Postcode:   
 Email:   
 Phone:

### Please accept my monthly gift to YoungMinds

Amount: £5  £10  £25  £50  Own amount £   
 Frequency: Monthly  Quarterly  Annually   
 Starting on the 1st of  (please state preferred month)  
 Reason for donation:

### Instruction to your bank or building society to pay by direct debit

Please pay YoungMinds Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with YoungMinds and, if so, details will be passed electronically to my bank/building society.

Bank/Building society:   
 Address:   
 Postcode:   
 Name(s) of the account holder(s):  Service user number:   
 9 7 4 3 1 1  
 Bank/building society account no.  Branch sort code:   
       
 Signature:  Date:

Reference (for official use)

I would like to receive emails from YoungMinds, including the monthly e-newsletter, campaign updates and opportunities to get involved. I agree to the use of my data as outlined in your privacy policy. View [youngminds.org.uk/privacy](http://youngminds.org.uk/privacy) for more information.



Registered with  
**FUNDRAISING  
 REGULATOR**

**£5** a month will pay for an information pack to raise awareness and break down the stigma of mental health in schools.

**£15** a month ensures a Helpline Advisor is on the other end of the phone to provide information and support to a distressed parent.

**£30** a month will support the training of a Young Activist so that they have the skills and confidence to speak about mental health issues.

Thank you for supporting YoungMinds!

## You can make your donation achieve even more - 25% more at no extra cost to you!



If you are a UK taxpayer, YoungMinds is entitled to reclaim the tax back from HMRC on all your gifts. By ticking the box below, they will give us 25p for every £1 that you donate.

I confirm that I am a UK tax payer Date:

I am a UK tax payer and I would like YoungMinds to treat all donations I have made for the four years prior to this year and all donations I make in the future as Gift Aid donations until I notify you otherwise. I understand that I must have paid an amount of income tax and/or capital gains tax for each tax year (6 April one year to 5 April the next) that is at least equal to the amount of tax that YoungMinds claims on my donations for that tax year.

The Direct Debit Guarantee This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits. If there are any changes to the amount, date or frequency of your Direct Debit, YoungMinds will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request YoungMinds to collect a payment, confirmation of the amount and date will be given to you at the time of the request. If an error is made in the payment of your Direct Debit, by YoungMinds or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society. If you receive a refund you are not entitled to, you must pay it back when YoungMinds asks you to. You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

A: YoungMinds, Suite 11, Baden Place, Crosby Row, London, SE1 1WY T: 020 7089 5050 E: [fundraising@youngminds.org.uk](mailto:fundraising@youngminds.org.uk) W: [youngminds.org.uk](http://youngminds.org.uk)  
 YoungMinds, registered Charity in England (1016968), Scotland (SCO39700) and a company limited by guarantee (2780643).

Please send your completed form and donation to:  
**YoungMinds, Suite 11,  
 Baden Place, Crosby Row,  
 London, SE1 1YW**