

A note for next year



This simple activity is supposed to give children (and staff) an easy tool to reflect on this year and begin to outline what they are looking forward to in 2021.

1. Ask your pupils to think about what 2020 has been like for them. Use this time to self-reflect on things that have gone well, what they're proud of, and help them to identify the times that haven't been easy this year.
2. Now ask your pupils to think about what hopes they have for 2021. At times this year it has been hard to feel positive, but identifying the things they are looking forward to can help them recognise that current feelings from this year are not forever and that there is hope for the future.
3. Using the templates below, give the class 5 minutes to write down all their thoughts.
4. If your pupils would like to share what they have written, take it in turns to read out some of their thoughts to the rest of the class.

Things to consider:

- Some children might struggle to come up with positive moments. They might be dealing with a lot and might need some examples to help them get started.
- Pupils' experiences this year will be completely different. Consider how you could adapt this activity to take into account those who may have experienced bereavement and trauma. [Read more about trauma-informed practice.](#)

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Dear 2020,

Handwriting practice area for the year 2020, featuring a purple border and five horizontal dashed lines.

Dear 2021,

Handwriting practice area for the year 2021, featuring a yellow border and five horizontal dashed lines.