

DECORATE YOUR DESK FOR

#HelloYellow

Add a splash of yellow to your desk, workspace or office to say #HelloYellow and support children and young people's mental health on World Mental Health day.

Try getting creative with your work from home space by making sure all your yellow items can be seen on camera. See who can get the most yellow on screen in one go! Or you could keep it simple and download our #HelloYellow wallpaper for your virtual background and show support during calls and meetings on the day.

FOLLOW THESE FIVE EASY STEPS TO DECORATING YOUR DESK



1. Create some #HelloYellow bunting for around your office or home, or stick up some posters.
2. Go on a scavenger hunt and gather everything yellow you can get your hands on - whether you're in an office or at home.
3. Surround yourself with yellow items! Whether you have flowers, yellow post-it notes with positive quotes, ribbons, balloons or socks - make your workspace as bright as possible.
4. Once your desk is brightened up, donate £2 towards the fight for young people's mental health.
5. Make sure to take loads of photos on the day and share them with us @YoungMindsUK on social media! Don't forget to use #HelloYellow.



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ROSETTES

Use these rosettes to award 1st, 2nd and 3rd prizes to the most creatively decorated desks.

